

Disney's Winnie the Pooh

Grades K-3

STUDY GUIDE



Study Guides are produced in partnership with Broward County Public Schools.

Theater etiquette

It is often helpful to remind students of appropriate audience etiquette by explaining and discussing WHY these rules of behavior are important:

- Restroom visits are best made prior to the performance.
- Listen carefully to the ushers and your teachers. This gets everyone to your seats quickly and ensures a pleasant experience.
- Turn watches and cell phones to silent.
- Walk single file, hold hand rails as you use the steps for your safety.
- Listen carefully to each performer. They are working hard to entertain and inform with lots of clues about the story.
- Refrain from TALKING. This allows everyone to enjoy the show without distraction. Sometimes we think that if we whisper it is okay. But, if everyone in the audience whispers, it becomes disruptive.
- Laugh if something is funny, but not too loudly, you don't want to miss any dialogue.
- Photography and recording are not permitted.
- Pay attention to the lighting, scenery, costumes and music-all of these elements help provide more details to tell the story in an interesting way.
- Applaud (clap) at the end. This shows the performers that you respect and appreciate their work.



Disney Winnie the Pooh

THE NEW MUSICAL
STAGE ADAPTATION

EDUCATIONAL GUIDE



ABOUT THE SHOW

Disney's iconic Winnie the Pooh, Christopher Robin and their best friends Piglet, Eeyore, Kanga, Roo, Rabbit, and Owl (oh... and don't forget Tigger too!) have come to life in a beautifully crafted musical stage adaptation.

Featuring the Sherman Brothers' classic Grammy Award-winning music with further songs by A.A. Milne, this beautiful fresh stage adaptation is told with stunning life-sized puppetry through the eyes of the characters we all know and love, in a new story from the Hundred Acre Wood.

This production is created by renowned family entertainment creator Jonathan Rockefeller, and made by Rockefeller Productions alongside Disney Theatrical Productions. **The puppetry in this production received a Drama Desk nomination for Best Puppetry Design.** Following premieres in New York and Chicago, Pooh and friends **are now** touring the United States **beginning** Fall 2022!

ABOUT ROCKEFELLER PRODUCTIONS

Jonathan Rockefeller and Rockefeller Productions embraced the challenge of re-imaging Disney's Winnie the Pooh for a new audience by bringing it to life on stage in puppet form. The company has garnered global accolades, from critics and audiences alike, for their production of *The Very Hungry Caterpillar Show*, with 14 productions playing on four continents. An extended run of the show in New York City culminated in Drama Desk and Off-Broadway Alliance nominations, as did *Paddington Gets in a Jam*, which tours China and the US in 2022. Other projects include the award-winning short film, *10 Little Rubber Ducks*, written by preeminent author/illustrator Eric Carle and the recently released Christmas special *Paddington Saves Christmas*. Rockefeller Productions will debut their latest project, *Sesame Street the Musical*, in Fall 2022.

THE
HISTORY
OF
WINNIE
THE POOH





A.A. MILNE

Alan Alexander Milne (or A.A. Milne for short) was born in England on January 18, 1882. He studied mathematics at university but realized writing was his true passion when he edited and wrote for a student magazine. From there he got a job writing essays and humorous poems for another magazine called Punch. He wrote many wonderful poems as well as plays.

He married his wife Dorothy and together they had a son named Christopher Robin. When Christopher Robin turned 1 year old, he received a birthday gift of a stuffed bear, who at the time was named Edward Bear. However, the bear was later renamed Winnie-the-Pooh. The part of the name Winnie was inspired by a famous Canadian Bear, Winnipeg, that Christopher Robin adored visiting at the London Zoo. The part of the name Pooh came from a swan that Christopher Robin fed on a holiday. They are not sure which part of the name came first, but that's the name Christopher Robin liked.

The Milne family had a cottage near Ashdown Forest where they would spend weekends and springs and summers. In Ashdown Forest, you can find the Five Hundred Acre Wood where Christopher Robin and his family loved to walk and



explore. It also became the inspiration for the setting of Winnie the Pooh's The Hundred Acre Wood.

Christopher Robin was a very curious and adventurous child who loved to hear stories. A.A. Milne was inspired by Christopher Robin's dear friendships with his toys, so he came up with bedtime stories about different adventures that Christopher Robin, Pooh and the other stuffed toys from Christopher Robin's nursery would go on. These bedtime stories ended up becoming the stories that the Winnie the Pooh books are based on.



Once A.A. Milne began compiling his stories to publish a book, he invited his illustrator friend, Ernest H Shepard, to come to visit the Milne family at their cottage. Milne took him around and asked him to sketch different parts of the Five Hundred Acre Wood and Christopher Robin's toys. These fabulously drawn illustrations were used in the Winnie the Pooh books. First verses of Pooh were in a book called When We Were Young (1924) and was very successful. From there Milne continued to write the book Winnie the Pooh and the sequel The House at Pooh Corner (in which Tigger is introduced) which have become household classics in children's literature around the world.



ABOUT THE SHOW



ABOUT THE SHOW

THE CHARACTERS



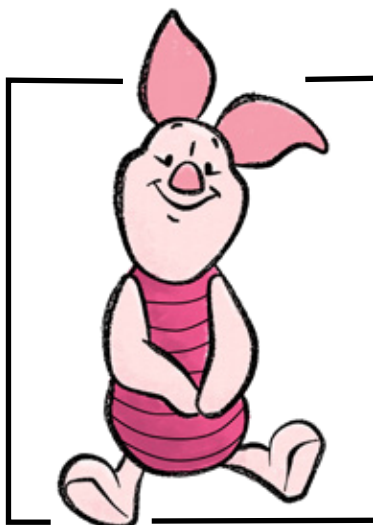
WINNIE THE POOH

Winnie the Pooh is a gentle and thoughtful bear who loves his friends and honey. He's quite clever, but he may not know it. He is always ready for a new adventure, or rather new adventures always seem to be ready for him.



EYORE

Eeyore is a donkey who loves to take his time. He is very proud of the house that he built for himself and is grateful when his friends come to visit him. He likes to give his opinion or advice, even if no one asks.



PIGLET

Piglet is a loyal, generous and sweet friend. He may be small, but Piglet loves to be helpful and he is good at problem solving. Piglet is always grateful to his friends who make him feel braver.



TIGGER

Tigger is so full of joy, energy and fun so he is constantly on the go looking for the next game to play with his friends. Tigger's favorite thing to do is bounce but the most wonderful thing about Tigger is he's the only one.



CHRISTOPHER ROBIN

Christopher Robin is a very kind and imaginative boy, who loves to explore. He always helps his friends and is quite resourceful.



THE CHARACTERS



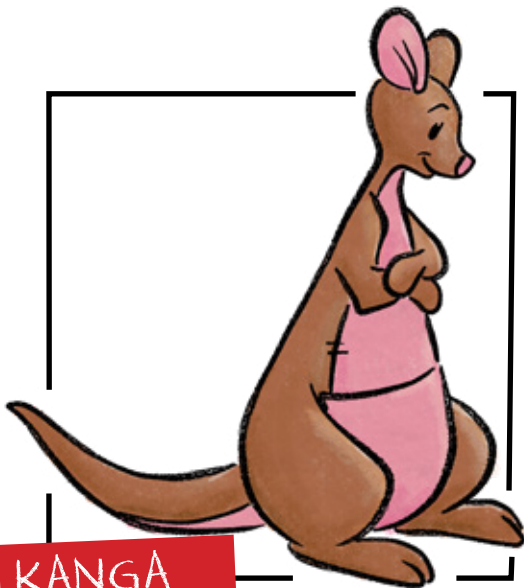
RABBIT

Rabbit is very organized and hardworking. He loves to garden and is good at being a leader and taking charge. He may be busy often, but he is a dependable friend.



OWL

Owl is very wise and intelligent. He is very proud of his large family and loves to tell long stories about them. He enjoys when friends come to him for help, as he considers himself to be very reliable.



KANGA

Kanga is a kind and affectionate mother. She is warm to everyone in the Hundred Acre Wood and also likes time to enjoy and appreciate quiet peaceful moments.



ROO

Roo is a young, joyful, enthusiastic and curious kangaroo. He loves to explore and test out what new things he can do. He admires and looks up to his friends, especially Tigger.



ACTIVITY - 1

WHO ARE YOU?

How would you describe yourself? Here are some questions you can ask yourself to help describe yourself.

1. What are things that you love to do? _____

2. What makes you proud of yourself? _____

3. What kind of things do you like to do with your friends? _____

4. How do you like to help? _____

5. What are things you are curious about? _____

6. What is something or someone you are grateful for? _____

7. What new things are you excited to learn about? _____

8. Where do you like to play? Where do you like to rest? _____

9. Who is your best friend? _____

10. When do you feel most happy? _____

WHO ARE YOU?

Draw yourself

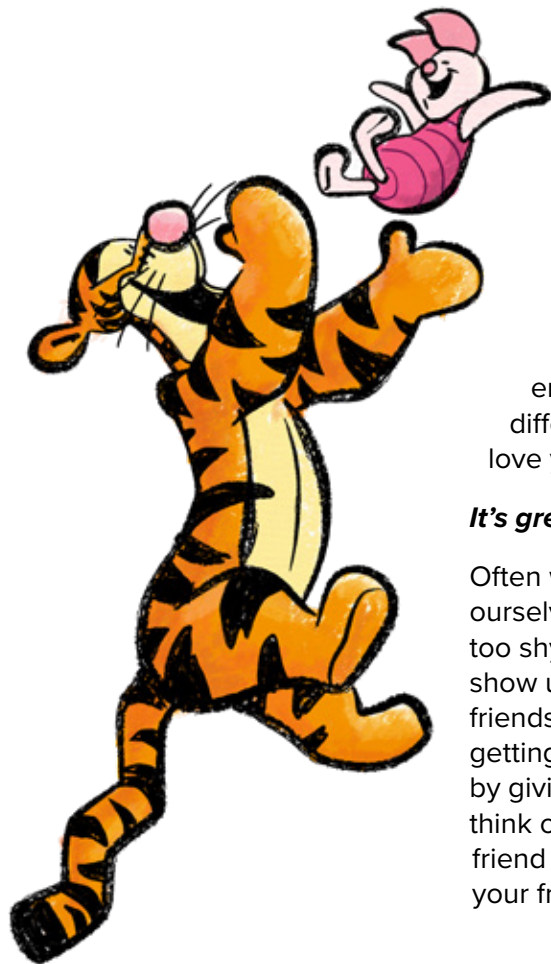
I am



FRIENDSHIPS

The theme of friendship is written in every Winnie the Pooh story and our show in no exception. Pooh loves his friends more than honey - which is saying a lot! When the script was written, we thought of new ways to reflect the friendship in the books and movies for the stage.

Here are some themes and lessons of friendship in our show.



Friends can be different

As Pooh in our show says, "It's a good thing to be different, otherwise we might all be the same." Your friends can look different from you, like different things, eat different things, and feel differently from you, but you can still be great friends! Piglet often feels because he is much smaller than his friends that he can't be a helpful friend, but Pooh thinks his smallness is special and very helpful. Eeyore shares that he can't climb a tree but he can encourage his friends who can to do so. Friends can come in all different shapes and sizes but there will always be kindness and love you can share together.

It's great to ask friends for help and fun to help our friends

Often we may feel like we should figure out things or do things by ourselves, but sometimes we may need a little help. We might feel too shy to ask to help but a lot of friends in the Hundred Acre Wood show us asking for help from a friend is a wonderful thing. Often our friends want to help! Piglet is overjoyed when Pooh asks for his help getting honey, which makes him braver to offer help later in the play by giving Mrs. Winter his scarf. Eeyore knows that maybe he can't think of an idea of how to get Pooh out of the honey tree but his friend Rabbit will. Asking for help is okay and a great way to show your friends you value them and a great way for them to care for you.

It's great to be welcoming to new friends

When Pooh hears that Winter is coming to the Hundred Acre Wood, he is excited to meet this new visitor and become her friend. While Winter is not quite what Pooh thought, Pooh teaches us how to treat new people with kindness. He wants any new visitor to feel welcomed. Pooh and Piglet were even thinking of throwing Mrs. Winter a welcoming party so they could get to know her more. When we're welcoming, we show kindness and get to learn more about a new person.



Friends can have disagreements and it's good to work together to problem solve.

Sometimes we might disagree with our friends, or they might do something to us that we don't like. Rabbit shares that he is upset with Pooh, Tigger and Roo once they have bounced all over his garden. He honestly shares that all he wanted was to plant vegetables today. But Roo and Tigger wanted to bounce together today. They end up problem solving and figuring out they can bounce the seeds into the ground, helping Rabbit plant his garden and letting Tigger and Roo enjoy bouncing. Rabbit was able to share he was upset and the friends were able to come up with a solution to their problem.

Stick together

When Pooh is stuck in the honey tree, Owl says that Pooh might be stuck in there for a long time - perhaps forever. Piglet and Tigger don't want Pooh to have to wait by himself, so they promise to stay with him while he is stuck. Sometimes when we are lonely or scared it's great to have a friend next to us so we're not alone.



FRIENDSHIPS (continued)



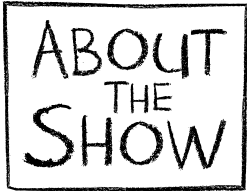
Speak up when you know something is important

Rabbit and Tigger get into an argument when they both think they came up with the idea to use a kite to get Pooh out of the honey tree. Tigger and Rabbit are arguing so much, Piglet speaks up because he realized Tigger and Rabbit forgot something really important. It didn't matter who's ideas it was, they needed to go help their friend. Sometimes we need to be brave and speak up when we know something is important. Our friends will appreciate the reminder.

No matter how much time has passed since you've seen your friend, they're still your friend and with you in your heart.

Christopher Robin and Pooh are the best of friends, but in our play Christopher Robin was away at school for a whole year. But just because you may not be able to physically be together with your friend, your friendship remains and you are loved by your friends and have an important and special place in your friend's heart. Hopefully, like Pooh and Christopher Robin you'll be able to see your friend again soon and pick up right where you left off.





FRIENDSHIPS

(continued)

THEMES OF FRIENDSHIP QUESTIONS

After seeing the show, here are some questions to ask your children.

1. What are the different ways Pooh was encouraging to his friends? How do you encourage your friends?
2. What ways have you been encouraged by your friends?
3. What does Rabbit learn when he argues with Tigger? Have you ever argued with a friend? How did you solve your argument?
4. What does Pooh learn when he talks to Christopher Robin at the end of the show?
5. What does Piglet learn when he climbs the tree?
6. Pooh, Piglet and Tigger are very welcoming to Mrs. Winter. In what ways have you been welcoming to new friends?
7. Do you remember a time when someone was very welcoming to you?
8. Tigger and Rabbit are very different from each other. What are ways that they still have fun together?
9. Tigger teaches Roo a bouncing lesson. Have you ever learned new fun things from a friend?
10. Pooh gets stuck in the honey tree during Summer. How do his friends respond?



ACTIVITY - 2

FRIENDSHIP LETTERS

Write a letter to your friend!
In your letter you can tell your friend:

Write a letter to your friend! In your letter you can tell your friend:

- something they did that you find admirable
- what fun games you like to play with your friend
- something about your friend that makes you happy
- ways your friend has been helpful to you
- ways that you and your friend are different that you think is cool

Or write a letter to one of the characters from our show!

Did you learn something from one of the characters in the show or is there something you'd like to share with them? You can write a letter to tell them!

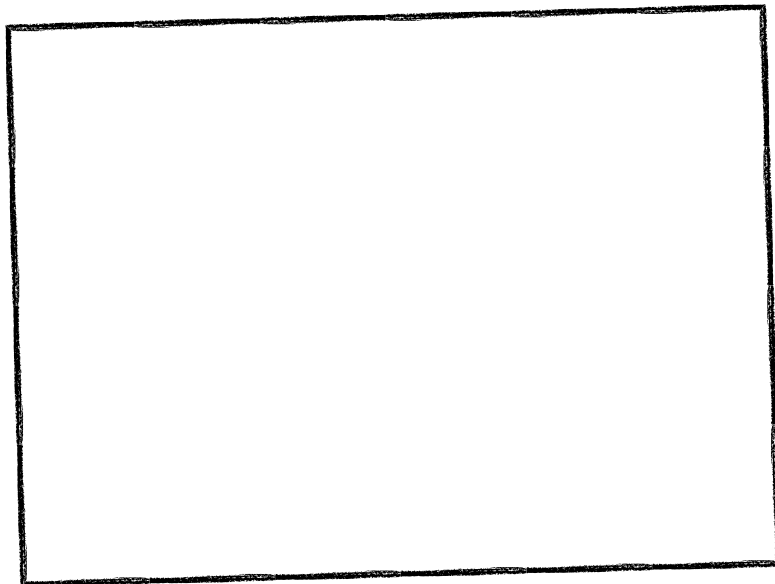
You can send your letters to:

Dear _____ ,

Thank you for _____

I like when we _____

Next time we see each other, we should _____



Your Friend,

SONGS

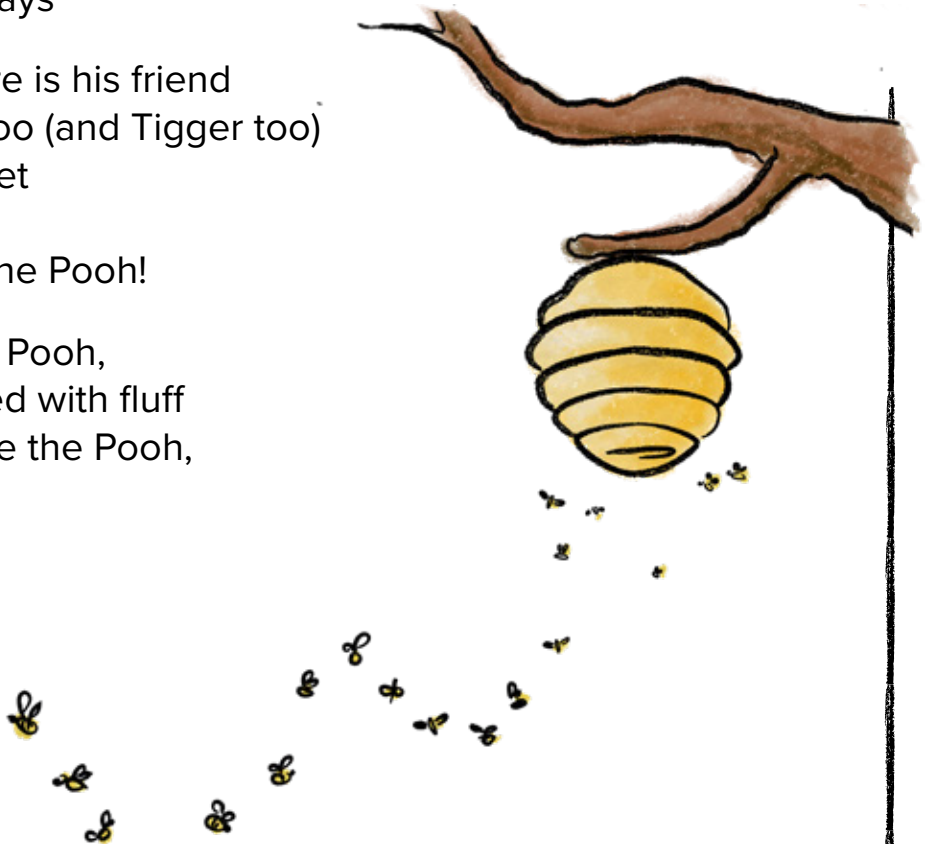
Winnie The Pooh Theme Song

(music & lyrics by the Sherman Brothers)

Deep in the Hundred Acre Wood,
Where Christopher Robin plays
You'll find the enchanted neighborhood,
of Christopher's childhood days

A donkey named Eeyore is his friend
And Kanga and Little Roo (and Tigger too)
There's Rabbit and Piglet
And there's Owl
But most of all Winnie the Pooh!

Winnie the Pooh, Winnie the Pooh,
Chubby, little cubby all stuffed with fluff
He's Winnie the Pooh, Winnie the Pooh,
Willy, nilly, silly old bear



SONGS

The Wonderful Thing About Tiggers

(music & lyrics by the Sherman Brothers)

The wonderful thing about Tiggers
Is Tiggers are wonderful things
Their tops are made out of rubbers
Their bottoms are made out of springs
They're bouncy, trouncy, flouncy, pouncy
Fun, fun, fun, fun, fun!
But the most wonderful thing about Tiggers is
I'm the only one

The wonderful thing about Tiggers
Is Tiggers are wonderful chaps
They're loaded with vim and with vigor
And love to leap in your laps
They're bouncy, trouncy, flouncy, pouncy
Fun, fun, fun, fun, fun!
But the most wonderful thing about Tiggers is
I'm the only one

Tiggers are wonderful fellahs
Tiggers are awfully sweet
Everyone else is jealous
And that's why I repeat...

The wonderful thing about Tiggers
Is Tiggers are wonderful things
Their tops are made out of rubbers
Their bottoms are made out of springs
They're bouncy, trouncy, flouncy, pouncy
Fun, fun, fun, fun, fun!
But the most wonderful thing about Tiggers is
I'm the only one



SONGS

Rumbly in my Tumbly

(music & lyrics by the Sherman Brothers)

Hum dum de dum, hum dum de dum
I'm so rumbly in my tumbly
Time to munch an early luncheon
Hum dum de dum, dum

Oh, I wouldn't climb this tree
If a Pooh flew like a bee
But I wouldn't be a bear then
So I guess, I wouldn't care then

Bears love honey and I'm a Pooh bear
So I do care, so I'll climb there
I'm so rumbly in my tumbly
A time for something sweet



SONGS

The Whoop-de-dooper Bounce

(music & lyrics by the Sherman Brothers)

The Whoop-de-Dooper Loop-de-Looper
Alley-Ooper Bounce!

The Whoop-de-Dooper Loop-de-Looper
Alley-Ooper Bounce!

It's got the zip that make
you flip and that's what really counts
In the Whoop-de-Dooper
Loop-de-Looper Alley-Ooper Bounce

The Whoop-de-Dooper Loop-de-Looper
Alley-Ooper Bounce!

The Whoop-de-Dooper Loop-de-Looper
Alley-Ooper Bounce!

The more you try the more
you fly and that's what really counts
In the Whoop-de-Dooper Loop-de-Looper
Alley-Ooper Bounce

It's best when done by tiggers
'Cause our tiggerific figures
Are filled with vims and vigors
And that's the thing that triggers



The Whoop-de-Dooper Loop-de-Looper
Alley-Ooper Bounce!

The Whoop-de-Dooper Loop-de-Looper
Alley-Ooper Bounce!

The more you try the more
You fly and that's what really counts

Right...it activates, and
elevates, accelerates and more
(wee)

You're bouncing off the ceiling,
like you never did before
(wooo)

The Whoop-de-Dooper
(Whoop-de-Dooper)
Loop-de-Looper
(Loop-de-Looper)
Alley-Ooper Bounce!



ACTIVITY #3

MAKE YOUR OWN SIMPLE HONEY BEE PUPPET

MATERIALS

- Yellow Easter Egg
- Masking tape/Painter's Tape/Washi Tape (optional)
- Black paint
- Paint brush
- White paper
- Scissors
- 12" Wooden dowel
- Glue gun

INSTRUCTIONS

(Optional) Tape stripes on your Easter Eggs. The tape should cover the area you would like to keep yellow.

Paint the exposed parts of the Egg black. (you may need to paint one side, and wait for it to dry before painting the other!) Make sure to keep the face area yellow!

While waiting for your egg to dry, cut out wings for your bee out of white paper.

Once the egg is dry, remove tape.

Paint a face on your bee, let children decide what expression the bee should make!

Once dry, glue the wings down on the bee's back.

Once the wings are set, glue a wooden dowel on the bee's back.

Once the wooden dowel is set, children can use it to fly their bees wherever they want!



ACTIVITY - 4

EXPLORING NATURE WALK ACTIVITY

Have your children go on a nature walk at a nearby park to observe any animals including insects that they can find. Bring a sketchbook or notebook so they can make sketches of animals they see and record their thoughts and observations. If kids have specific questions, make sure they write it down! Encourage them to try to find books in the library to help answer these questions.

Kids can also explore the plants of the area too. Try to name as many things as you can! If your park has a field guide, be sure to bring it along with you.

While on your nature walk, ask the children where they think Pooh and his friends would live, if they lived in the park you're walking in.

ACTIVITY #5

EXPLORING NATURE WALK ACTIVITY

Have your children pretend to be bees and go through the honey making process!

SET UP

Set up an area for flowers and another area for the hive. The flower area can be an actual garden, or fake flowers. The hive can be a tent or fort. 'Inside' the hive you can make hexagon shapes to be the honeycomb. You can mark hexagons out with masking tape or perhaps cut out paper hexagons. Either the children themselves can pretend to be bees, or you can make your own honey bee puppets by following our instructions in the Puppets section of this educational guide.

PLAY

Have the children decide if they want to be foraging worker bees, or honeymaking worker bees (they can play several times so they can do both roles). You (or an eager child) can narrate the process for the kids to act out.

The foraging bees will fly over to the flowers to collect nectar (if the children themselves are pretending to be bees, tell them their and bring it back to the hive. (You could use play-doh or silly putty or the nectar can be imaginary.)

The honey making bees will pass the nectar in between them, pretending to chew on it (if children themselves are pretending to be bees, say that their hands are going to be the mouths). Then they can spread out the nectar on the honeycomb, pretend to fan it with their wings, and then pretend to put wax on top. would live, if they lived in the park you're walking in.

ACTIVITY 6 - GARDENING

EGG CARTON STARTER SEEDS

New seeds like to grow in smaller areas giving them a better chance to sprout. This project recycles cardboard egg cartons and coffee grounds to plant new seeds!

MATERIALS

- Cardboard egg cartons
(these are biodegradable- do not use plastic or styrofoam)
- Scissors
- Potting soil
- Coffee grounds
- Seeds
- Waterproof tray or container



INSTRUCTIONS

1. Mix your coffee grounds with potting soil and set aside. Make a half-and-half mixture of equal portions of soil and of grounds. You will want a soup bowl worth of this mixture for one egg carton. For non coffee drinkers, you can stop by Starbucks to ask for coffee grounds (they are usually very willing and will give them out for free).
2. Cut the cups of your egg carton apart. You can wait to cut until after your seeds have sprouted, but cutting before helps keep roots from tangling, as well as keeping you from accidentally crushing or breaking sprouts while trying to separate the cups later.
3. Fill your individual egg cups about half full with the soil/grounds mixture. Keep the recommended planting depth in mind. You should be able to find this information on your seed packets.
4. Add the seeds. Be sure not to add too many seeds to each egg cup. Overcrowded seedlings will often die off. Larger plants - 1-2 seeds, smaller plants 4-5 seeds.
5. Cover the seeds with a thin layer of the soil/grounds mixture. Once again, you'll need to keep the recommended depth in mind. Some seeds like more cover than others.
6. Place the seed cups in a waterproof tray or container
7. Water your seed cups. Since your cups are in a waterproof container, you can simply pour water into the container. The paper cups will soak up the water and keep your seeds moist. Try to maintain about 1cm of water at the bottom of your container.
8. Place your seed cups in the sun. Different plants have different sunlight requirements—your plants' seed packets should give you the particulars—but all plants need sunlight to grow. Be sure that your seed cups are in a place where they can get enough sun.
9. Water your cups regularly. Enjoy watching your seeds sprout and grow!
10. Once seeds have sprouted, you can plant your egg carton cup directly into the ground or a potted soil!

ACTIVITY 7 - GARDENING

REGROWING VEGETABLE SCRAPS

OPTION TWO: SWEET POTATOES

1. Prop a sweet potato over a water-filled glass by poking three toothpicks in a circle into the middle of the tuber and resting the toothpicks on the rim of the glass so that the narrower, pointed half of the tuber is submerged in the water.
2. Place the glass in a sunny window. Soon roots will begin to sprout from the portion in the water, and usually within a few weeks, stems and leaves will begin to grow from the top of the tuber.
3. To keep your sweet potato as a houseplant, carefully transplant it into a container of potting soil once a good root system has developed.



OPTION THREE: GINGER

1. Suspend a chunk of ginger with toothpicks over a glass of water or place it in a container of moistened potting soil.
2. If using the water method, transfer the new plant to a container of potting soil once roots appear.



OPTION FOUR: CARROTS, PARSNIPS, BEETS

1. Slice off the head end along with one to two inches of the root and place it in a saucer filled with pebbles for support and water. In a week or so new greens should appear from the top.
2. Then snug the root into a container filled with potting soil.



OPTION FIVE: GARLIC, ONIONS, SCALLIONS

1. Plant old cloves of garlic, bulbs of onions, bulb ends on scallions just below the surface in containers filled with moistened potting soil. Within a few weeks you'll see sprouts.
2. These ones you can eat!



OPTION SIX: CELERY

1. Use the Bulb end of the celery. Place in a container and fill the bottom with water.
2. In a few days leaves will appear on top. Wait a few more days and roots will form on the bottom. Then pot in planting soil. Celery likes shade during the hottest parts of the day.
3. You can eat this as well!



ACTIVITY 8 - GARDENING

LEARNING WHERE VEGETABLES GROW - HELP RABBIT PLANT HIS GARDEN!

Rabbit loves to plant vegetables in his garden, but not all of them grow the same way!

ROOT VEGETABLES

These grow underground and are called root vegetables, because the root is that main part of the vegetable that you eat! Green leafy stems will grow above ground and often can be eaten as well or used for soup and stocks. Examples of root vegetables are carrots, parsnips, potatoes, sweet potatoes, onion and turnips.



ON GROUND VEGETABLES

These veggies have roots, but the part of the vegetable you eat is above ground. When these vegetables grow, it almost feels like they are sitting right on the ground! These veggies may have leaves as well - on some the leaf is the part you eat! Examples are lettuce, like spinach or kale, pumpkins, broccoli, celery, and asparagus.



ABOVE GROUND VEGETABLES

These veggies have roots, stalks as well as the part of the vegetable you eat. Roots will grow underground and above ground, the stalk (or stem) will grow. The part of the vegetable that you eat is technically the flower of the plant! Often these vegetables are really fruits, but are used in cooking as vegetables. Examples of these vegetables are tomatoes, corn, green beans, peppers and peas.



ACTIVITY 8 -GARDENING

LEARNING WHERE VEGETABLES GROW - HELP RABBIT PLANT HIS GARDEN!

Here we have Rabbit planting his garden. He has an area for vegetables to grow underground, an area to ground plants on the ground, and an area to grow plants above ground.

Draw in the veggies making sure to grow them in the



ACTIVITY 9 - BAKING

Food is very important to Pooh - especially honey! Having a little smackerel of something is a wonderful way to spend time with your friends. Here are some Winnie the Pooh inspired recipes and snack ideas that can be made at home or in the classroom.

WINNIE THE POOH PARFAITS

MATERIALS

- Yellow Pudding
- Strawberries
- Bananas
- Vanilla Wafers
- Honey
- Mason Jars
- Sharpie

INSTRUCTIONS

1. On your mason jars, draw a small Pooh face near the top. You will be putting ingredients in the jar in layers.
2. The bottom layer will be vanilla wafers (as Pooh's legs and feet).
3. Next layer will be pudding (as Pooh's tummy).
4. Honey is next (since Pooh always has honey in his tummy).
5. Next is layer in some sliced strawberries
6. Add another layer of pudding (this should match up with the face drawn on the jar for Pooh's head).
7. Then add a layer of bananas for the top of his head



What Small Kids Can Do

1. Children can help wash and strawberries peel bannanas
2. Children can draw their own face and add their own layers

ACTIVITY 10 & 11 - BAKING

HONEY APPLE "NACHOS"

MATERIALS

- Apples (sliced)
- $\frac{1}{4}$ cup of honey
- 2 Tbsp of chocolate chips
- 2 Tbsp of melted peanut butter (optional)
- 1 Tbsp of melted caramel (optional)
- 1 Tbsp of shredded coconut (optional)



INSTRUCTIONS

1. Slice apples and spread on a plate.
2. Drizzle honey over the apples.
3. Sprinkle chocolate chips over the apples (and sprinkle other additional ingredients you choose).

NO BAKE CARROT CAKE

(Nut Free, Gluten Free, Grain Free)

MATERIALS

FOR CAKE

- 3 $\frac{1}{2}$ cups lightly packed shredded carrots
- $\frac{1}{2}$ cup raisins
- 5 tbsp coconut palm sugar
- 4 medjool dates, pitted
- 3 tbsp coconut butter, softened
- 1 tsp cinnamon
- $\frac{1}{4}$ tsp nutmeg
- $\frac{1}{8}$ tsp salt

FOR COCONUT CREAM

- 5 tbsp coconut butter
- $\frac{1}{2}$ cup unsweetened coconut milk
- $\frac{1}{4}$ cup maple syrup or honey
- 1 tsp pure vanilla extract
- $\frac{1}{4}$ salt



ACTIVITY 11 - BAKING

NO BAKE CARROT CAKE

(cont'd)

INSTRUCTIONS

1. Line a 6"x6" container (or something of similar size, or cupcake molds) with parchment paper.
2. Process all cake ingredients in a food processor into a finely crumbled/sticky mixture (be careful not to process into a paste).
3. Transfer this mixture into the prepared container and press it into an even layer with the back of a spoon. Cover with a piece of parchment paper.
4. Place the tray in the freezer.
5. Make sure the Coconut Cream ingredients are at room temperature.
6. Blend all cream layer ingredients in a small blender until smooth.
7. Bring out the cake layer from the freezer. Remove the top layer of parchment paper.
8. Pour mixture on prepared cake layer, smooth over and put back in the freezer.
9. Freeze for 4 hours or overnight.

What Small Kids Can Do

1. Measure ingredients.
2. Learn how to use blenders and food processors



ACTIVITY 12 - BAKING

VEGGIE TIGGER

MATERIALS

- Orange Bell Pepper
- Baby Carrots
- Seaweed
- Broccoli
- Hummus
- Kitchen scissors
- Knife
- Plate
- Black sesame seeds (Optional)



INSTRUCTIONS

1. Cut up Orange bell pepper into slices and small some curved shapes.
2. Use a pair of kitchen scissors to cut seaweed into strips for Tigger's stripes. Cut out a nose, mouth and eyes out of seaweed for Tigger's face.
3. Put a dab of hummus on the middle of a plate in an oval.
4. Use Orange Bell Peppers around the hummus for Tiggger's tummy. Use carrots or orange bell peppers for Tigger's arms, legs and tail.
5. Put a small amount of hummus above Tigger's tummy for his mouth. Add a little bit of pepper in small shapes for Tigger's checks. Add a little more hummus for around Tigger's eyes. Add a little more pepper above for the top of his head and his ears. Dab a small amount of hummus on Tigger's ears.
6. Put broccoli beneath Tigger's feet as grass.
7. Arrange seaweed on Tigger's body as stripes and his eye brows. Put nose, eyes and mouth on his face as well.

Optional: Use a small clump of black sesame seeds for Tigger's eyes instead of seaweed.

What Small Kids Can Do

1. Children can help form Tigger and place all of the ingredients on the plate

ACTIVITY 13

CREATIVE EXERCISES & CRAFTS

CHALK OBSTACLE COURSE

Make a chalk obstacle course where you perform things like different characters from Winnie the Pooh! You could do this in a classroom setting by putting masking tape on the ground or other indicators instead of chalk.

EXAMPLES

- go up down touch the ground 3 times like Pooh stretching
- crawl on all fours like Eeyore on a drawn line (pretend it's a log he's crossing!)
- bounce like Tigger
- jump like Kanga
- bounce in place 10 times like Roo
- pretend to rake a row of vegetables like Rabbit
- flap your wings and fly fast in between "trees" like Owl
- make yourself as small as you can and then pretend to climb a tree like Piglet

ACTIVITY 14

CREATIVE EXERCISES & CRAFTS

CLOSED PASSAGES

FALL

On a _____ day Pooh set off to find some honey.

Kanga told Pooh to ask _____ if he had any
_____.

Pooh saw his friend Piglet flying with a _____.

Pooh and Piglet followed a _____ to find some honey.

While looking at the honey tree Pooh bumped into his friend
_____.

Pooh said Piglet was very helpful because he was so
_____.

Piglet reached the honey by the _____ blew him down
onto _____.

Eeyore, Piglet and Pooh searched for Eeyore's
_____.

While Pooh and Piglet were looking for Eeyore's house, they
found _____.

Pooh and Piglet were looking for their new friend
_____.

ACTIVITY 14

CREATIVE EXERCISES & CRAFTS

CLOSED PASSAGES

WINTER

Pooh and Piglet were looking for their new friend
_____.

Pooh helped push Piglet on a _____.

Owl told Pooh and Piglet pointed to Mrs. Winter but she was a
_____.

Mrs. Winter was wearing a lovely _____.

Pooh and Piglet tried to greet Mrs. Winter but she
_____.

Pooh thought that they needed help from an overly friendly
person when all of a sudden _____ showed up.

Tiggers are best at _____.

Tigger thought Mrs. Winter was _____ so Piglet offered
his _____.

To get Mrs. Winter warm, Pooh suggested they bring Mrs Winter
_____.

ACTIVITY 14

CREATIVE EXERCISES & CRAFTS

CLOSED PASSAGES

SPRING

Rabbit promised to get Pooh honey if Pooh _____.

Tigger gave Roo a _____ lesson.

Tigger and Roo bounced all over Rabbit's _____.

All Rabbit wanted to do that day was to _____.

Tigger and Roo told Rabbit they would help _____
by bouncing.

Pooh heard a _____ noise and knew that that noise
came from a _____.

WINTER

Pooh ate so much honey he got _____.

Eeyore went to ask _____ for help.

Owl said Pooh could be stuck _____.

Rabbit brought _____ to help Pooh get out of the tree.

Rabbit, Tigger and Piglet worked together to get Pooh out of
the tree but then Pooh _____.

_____ came back to the Hundred Acre Wood and
brought Pooh a present of _____.

ACTIVITY 15

CREATIVE EXERCISES & CRAFTS

MEMORY GAME

Using card stock print 2 copies of provided memory cards of the puppets from the show on the following pages. Cut out and play a classic game of memory. For more of a challenge Print 3 copies!





ACTIVITY 14

CREATIVE EXERCISES & CRAFTS

WINNIE THE POOH CHARACTER PLANT POTS & HUNNY POTS

MATERIALS

- Orange Bell Pepper
- Plant Pots (different sizes for different characters)
- Paint
- Paint brushes

INSTRUCTIONS

1. Paint plant pots to look like honey jars or characters from Winnie the Pooh!



WINNIE THE POOH AND FRIENDS PAPER PLATES

MATERIALS

- Paper plates
- Construction Paper
- Scissors
- Glue

INSTRUCTIONS

1. Cut shapes out on construction paper and glue to paper plates to make different character's faces from Winnie the Pooh!



WATCH LIST & FURTHER READING

WATCHLIST

FILM

- *The Many Adventures of Winnie the Pooh* (1977)
- *Pooh's Grand Adventure: The Search for Christopher Robin* (1997)
- *The Tigger Movie* (2000)
- *Winnie the Pooh A Very Merry Pooh Year* (2002)
- *Piglet's Big Movie* (2003)
- *Springtime with Roo* (2004)
- *Pooh's Heffalump Movie* (2005)
- *Winnie the Pooh* (2011)
- *Christopher Robin* (2018) *live action*

TV

- *The New Adventures of Winnie the Pooh* (1988-1991)
- *The Book of Pooh* (2001)
- *My Friends Tigger and Pooh* (2007-2008)

READING LIST

By A.A. Milne

- *A Gallery for Children* (1925)
- *Winnie the Pooh* (1926) illustrated by E.H Shepard
- *The House at Pooh Corner* (1928) illustrated by E.H Shepard
- *When We Were Very Young* (1924) illustrated by E.H Shepard
- *Now We Are Six* (1927) illustrated by E.H Shepard

Other Related Books

- *Finding Winnie: The True Story of the World's Most Famous Bear* by Lindsay Mattick
- *The Tao of Pooh* by Benjamin Hoof
- *The Te of Piglet* by Benjamin Hoof

Student Work Samples

Dear Teachers,

Thank you for your continued support of the SEAS Program. We value the preparation you make before the show to attend the Broward Center for the Performing Arts, and the introduction you forge for the students when the show has concluded to continue making connections long after the buses have returned to school!

Using the suggestions and/or activity pages included in this Study Guide, please collect student work samples, and upload them using the link below.

Click Here to Upload Student Work Samples:

[SEAS Work Samples 2022-23](#)

Should you have any questions, please contact
Lauri Foster at: <mailto:lauri.foster@browardschools.com>



Standards Alignment: Disney's Winnie the Pooh

Standards Alignment: The activities in this guide are aligned with the standards listed below. When teachers incorporate the arts, they increase student engagement, offer multiple points for students to access the curriculum, and provide alternate means for students to demonstrate what they know.

Florida's Benchmarks for Excellent Student Thinking (B.E.S.T.)	
Kindergarten through Grade 12/ English Language Arts	
ELA.K12.EE.1.1	Cite evidence to explain and justify reasoning.
ELA.K12.EE.2.1	Read and comprehend grade-level complex texts proficiently.
ELA.K12.EE.3.1	Make inferences to support comprehension.
ELA.K12.EE.4.1	Use appropriate collaborative techniques and active listening skills when engaging in discussions in a variety of situations.
ELA.K12.EE.5.1	Use the accepted rules governing a specific format to create quality work.
ELA.K12.EE.6.1	Use appropriate voice and tone when speaking or writing.
Theater	
TH.1.O.2.1	Describe in words or by drawing a picture, the most exciting part in the story line of a play.